

YOUTH SERVICES

BELIEVING IN THE POTENTIAL OF YOUTH



More than 4,000
youth and children
have received free
RCYS services in 2023



DID YOU
KNOW?

Over 60% of youth
with major depression
in the U.S. do not receive
treatment and support.
We are here to help.



In 2023...

- **Six local schools** were served with counseling and prevention services
- **200–250 youth** received weekly individual counseling

→
Read inspiring stories about
the impact we are making
in the community.

WWW.RCYS.ORG

100% OF CHELSEA ELEMENTARY STUDENTS SERVED BY RCYS

This school year, Chelsea Elementary needed a school counselor and asked if we could help.

Today, RCYS staff members, Becky Young and John Parker, serve at Chelsea’s Art Goad Elementary School by assisting the principal with crisis management and providing guidance for the teachers and counseling for the students.



PICTURED: John Parker, Principal Willcut, and Becky Young.

“BECKY AND JOHN HAVE MADE A POSITIVE INFLUENCE ON OUR STUDENTS.”
-PRINCIPAL WILLCUT

“EVEN IF I HELP JUST ONE CHILD, IT WILL ALL BE WORTH IT.”

THANKS TO LOCAL SUPPORT, PEOPLE ARE GETTING BETTER FASTER!

Raylene Stebbins is **1 of only 5** Oklahoma counselors who practice Rapid Resolution Therapy (RRT).



AN ESTIMATED 200 CLIENTS HAVE EXPERIENCED LIFE CHANGE THROUGH RAYLENE’S WORK AT RCYS.

RRT is designed to help individuals overcome the ongoing effects associated with traumatic experiences.

TRANSFORMING TRAUMA INTO TRIUMPH



RCYS therapist, Summer Minor, works with the young residents of Hope Harbor and their families through virtual family therapy sessions.

Residents of Hope Harbor are adolescents struggling with behavioral issues. The goal of both Summer and the group home program is two-fold; for the parents to learn new ways of parenting and the teen residents to be rehabilitated in mind, body, and spirit.

“My desire is to help families create healthier, happier bonds and memories together.”

Summer also serves children with Child Advocacy Center.

Summer is certified in Eye Movement Desensitization & Reprocessing, Trauma Focused Cognitive Behavioral Therapy, and will soon become a Trauma Play Therapist.



CONGRATULATIONS TO THE UP AND COMING 2024 GRADUATES!

RCYS is fortunate to partner with universities as a practicum site. We value this year’s three practicum students and the amazing work they are doing.



Adam Stang

*Marriage & Family Therapy
Oklahoma Baptist University*



Shaney O’Dell

*Mental Health Counseling
Oklahoma State University*



John Parker

*Mental Health Counseling
Mid-America Christian University*

HELPING STUDENTS GROW THROUGH LIFE SKILLS COURSES

RCYS Prevention team member, Lynn Partney teaches monthly life-skill classes to local elementary students. She utilizes the skills outlined in, *7 Habits of Highly Effective People*, to challenge her students in goal setting, and in focusing on discipline and self control.

Lynn also serves as a mentor to young girls struggling with anxiety and low self-worth. She uses her training in *Dialectical Behavioral Therapy* (DBT Skills) to teach girls ages 9-18 perseverance, coping skills, and how to overcome obstacles.



“Self-control creates discipline; and with both you are the most effective version of yourself.”

A graphic with a white background and colorful floral patterns in teal, yellow, pink, and green. The text reads: "LOOKING FOR SUPPORT FOR YOUR CHILD OR TEEN? Get connected with a prevention specialist for free weekly life coaching sessions www.rcys.org/services". There is a decorative orange starburst graphic to the right of the graphic.

A graphic of a gift box with a large orange ribbon. The text inside the box reads: "Want to learn more about RCYS? Contact Kim Montgomery, Community Development Director kim@rcys.org 918-965-0414". There is a decorative orange starburst graphic to the left of the box.



U-TURN STUDENT MAKES A COME BACK

This time last year, a former U-Turn student was struggling and wanted to drop out of sports and school. One year later, he shared with RCYS U-turn director and teacher, Amy Walker, that he is now on the right track and achieving great things!

U-Turn impacts
30 students per year at risk for falling through the cracks of the education system.

Amy was pleased to learn that her former student was now excelling in school, playing sports,

working, and has **three full out-of-state scholarship offers**. The young man shared how proud he was and all that he's accomplished.



"My overall goal for each youth - help them realize that regardless of where they have been, they have a choice to change the direction they are going."

WHAT IS U-TURN ACADEMY?

RCYS provides students with a small classroom alternative. Students stay on track with their graduating class and receive:

- ✔ Tutoring
- ✔ Life skills groups
- ✔ Counseling

To sign your child up in our U-Turn program, fill out a referral form: www.rcys.org/services

A DONOR'S STORY



Jim and Carol Anderson have been faithfully donating to RCYS for many years. But their heart for giving to the organization goes deeper than the agency. Jim is a former Verdigris Elementary principal of 40 years, and a former employee of Rogers County Youth Services.

Jim served RCYS by helping to facilitate a 6-week youth offender class; geared to help individuals pay off fines or shorten jail time. Through the program, clients were provided with counseling and classes on how to make better life choices.

**"PUBLIC SCHOOLS AND
RCYS ARE EXTREMELY
COMPLIMENTARY TO
EACHOTHER."**

-JIM ANDERSON

**"MY HEART HAS ALWAYS BEEN
FOR KIDS WHO FEEL LIKE THEY
DON'T HAVE A VOICE. THAT'S
WHY I GIVE TO PLACES LIKE
ROGERS COUNTY YOUTH
SERVICES."**

While serving as the Verdigris Elementary principal, Jim also represented RCYS by teaching decision making, life skills, and educating students on the signs of abuse and neglect. He provided them with resources, ensuring they knew there were people in the community who care about them.



A LETTER FROM OUR EXECUTIVE DIRECTOR

“Reflecting on my life, I have accomplished more than I thought I would when I was in high school. Back then, my dreams were small, and my hope was limited. But at critical times in my life, **the right people stepped in and made a difference.**”

Some of these individuals believed in me and called things out in me that I couldn't see in myself. Others provided a nudge, or an encouraging word that was needed to point me in the right direction.



“ **WE DON'T HAVE TO BE BILLIONAIRES TO GIVE BACK. WE CAN MAKE A DIFFERENCE IN THE LIVES OF OTHERS WITH WHAT WE HAVE RIGHT NOW.** ”

I leaned on their strength and hope to do more than I believed I could. I don't know where I'd be today without them. Today, I hope to give my strength, hope and dreams to others who don't yet realize the possibilities that exist in them.”

-Herb McSpadden

YOU'RE INVITED TO THE FIRST ANNUAL

Join us for a fun evening of live music, fine dining, & a taste of locally made sweets.



BENEFITTING
ROGERS COUNTY
YOUTH SERVICES



Saturday, February 3, 2024

Doors Open at 6:00 PM

PECANDEROSA RANCH
Claremore



Scan for
information
or tickets.



918-341-7580



info@rcys.org



1820 N. Sioux Ave. | Claremore, OK 74017



WHY GIVE TO RCYS?

NEED

Our community is in the middle of a mental health crisis. The need for counseling services is ever growing.



STEWARDSHIP

Every dollar you provide goes directly to services at RCYS.

LOCAL

100% of our services are **FREE** to our community.



GIVING INFORMATION

WWW.RCYS.ORG

1810 N. SIOUX
CLAREMORE, OK
74017

- RCYS is a private, not-for-profit 501c3. Our FEIN is 73-1024338.
 - **Donations** can be dropped off, mailed, or made online: visit our website or scan the QR code above.
 - Interested in making a **legacy gift**? We have an endowment fund through The Tulsa Community Foundation.
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