



Dr. Robert Goltra, Dr. Larry Rice and Dr. Mark Rasor

RSU GIVES DONATION TO RCYS MUSIC THERAPY

Rogers State University hosted "Pie A President" on April 26. The event was part of *Hillcats Give Back* week and raised over \$400 for RCYS. It was hosted by the Student Government Association and Campus Activities Team. The donation will help support a new program teaching kids how to play the ukulele as a form of music therapy. Our goal is to give each child who completes the program a new ukulele.



Herb McSpadden and Victoria Middleton

STAFF SPOTLIGHT

Meet Shala, licensed therapist who has served the families of RCYS since 2015. Her work is a reflection of RCYS' partnership with Safenet. Shala helps children in this shelter with next steps in care and growth.

Shala was recently approached by a former client who thanked her for the work she had done; "You were my counselor before I started high school. I'm about to graduate and I still think of times you met with me; THANK YOU."



Shala Padilla

PREVENTION AND EDUCATION

TEAM MEMBERS COMPLETE DBT SKILLS TRAINING

Members of our prevention and education team recently completed 12 hours of training in DBT skills, or dialectical behavior training skills. DBT skills include emotion regulation, distress tolerance, self perception and understanding.

RCYS has partnered with Rogers County schools to offer DBT Skills this fall as an elective and also as an individual session or small group setting. For more information, contact Ellen Thomas at ethomas@rcys.org.



ZEBRA STRIPES

This summer, prevention and education team members will once again be providing life skills training at Claremore schools Zebra Stripes summer program. Children ages 4 through 5th grade attending Zebra Stripes participate in various activities throughout the summer. RCYS is grateful to have the opportunity to provide this training at no cost to Claremore schools.




GIVING INFORMATION

WWW.RCYS.ORG

RCYS is a private, not-for-profit 501c3. Our FEIN is 73-1024338. If you are interested in making a legacy gift, we have an endowment fund through the Tulsa Community Foundation.

SCAN TO GIVE



 918-341-7580

 info@rcys.org

 1820 N. Sioux Ave. | Claremore, OK 74017